

Taking Good  
Care of  
Yourself!



## Foot Care Clinic

The Nash County Senior Center offers their  
Foot Care Clinic on the 1st, 2nd, 3rd & 5th  
Monday of each month.

**9am - 12 Noon**

Basic toe nail trimming and foot care is  
provided by a Registered Nurse.

This service is available for Seniors age  
60 years and older for \$20 per visit.

To receive more information or to  
schedule an appointment call **252-459-7681**

Nash County Senior Ctr. 103 N Alston St., Nashville - 252-4507681

City of Rocky Mount Senior Ctr. 427 S Church St., Rocky Mount - 252-972-1152

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